WEEKLY REVIEW

WEEK OF

In addition to planning, a well designed life is built through reflection and making small tweaks that accumulate over time. At the end of the week take a few minutes to reflect. Outlining key takeaways and answering a few questions will give you a framework for being more intentional in the upcoming week. As you reflect, remember that any mistakes are simply lessons to learn from., helping achieve success in the future.

Top Three Wins

1

2

3

Challenges

1

2

3

What worked well?

1

2

3

What didn't?

1

2

3

Key learnings & Ways to improve

1

2

3

Priorities for next week

1

2

3